



**8 a.m.**

Few activities are more soul-restoring than a walk through a redwood grove. Start your day off by unplugging with a hike in Woodside's **Wunderlich County Park**, where trails climb from the historic Folger Stable, through dry chaparral, and up to shady stands of those mystical, towering trees.

**10 a.m.**

Head back to the **Hotel Nia**, which opened in Menlo Park in March on a plot surrounded by Facebook offices. Wash the trail dust off with a dip in the pool, then soak up a few rays in a poolside cabana before grabbing a cup of locally roasted Verve coffee at the open-air Porta Blu restaurant.

**11:30 a.m.**



**Silicon Valley**

Your one-day must-do itinerary for the world's tech hub

**3 p.m.**

Hop over to Saratoga for a bit of wine. The quaint downtown's main thoroughfare is lined with tasting rooms, the best of which belongs to **Big Basin Vineyards**, whose winery is located up the hill in the Santa Cruz Mountains. The syrahs here are superb.

**5 p.m.**

The Bay Area is sports-mad, and the NFL's 49ers have ruled the roost here since the days of Joe Montana and Jerry Rice. The Niners opened **Levi's Stadium** in San Jose in 2014, and the team has a bunch of primetime games on the slate this season. Looking for a different flavor of pigskin? On January 7, Levi's Stadium hosts the 2019 College Football Playoff National Championship.